



# PHS SWING BED PROGRAM

RECOVER – REGAIN – RETURN

— The journey from —  
hospital to home.



**Are you or a loved one recuperating  
from a surgery, a lengthy illness,  
or an accident?**

Many patients need more time  
to recover and regain their strength  
before they are ready to return home  
after their hospital stay.

Pershing Health System (PHS) addresses  
this need with our SWING BED PROGRAM.  
We provide 24-hour care from a skilled  
medical team in a stable, therapeutic  
environment. We have in-house  
rehabilitation such as physical therapy,  
occupational therapy, speech therapy,  
and pulmonary rehab along with ready  
access to hospital services such  
as radiology and lab testing.

For more information  
regarding our Swing Bed  
Program, please contact:  
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[phsmo.org](http://phsmo.org)



## WHAT IS SWING BED?

The term *swing bed* came from the idea that the patient will “swing” or transition, from in-patient acute hospital care to skilled nursing and rehabilitation care.



### How do you qualify for the Swing Bed program?

- Both PHS or transferred patients are eligible
- The patient must have been hospitalized for at least a three midnight stay as an acute patient or have a three midnight acute admission within the last 30 days.
- A provider must place an order declaring that the patient is needing skilled services.
- The patient requires daily skilled nursing and/or rehabilitation services.

### What are some typical conditions treated during a Swing Bed stay?

Swing Bed treatment plans are developed under the supervision of a physician and tailored to each patient's needs and recovery goals.

- Recovering from a stroke, cardiac or respiratory illnesses, or other medical conditions
- Intensive physical therapy (PT), occupational therapy (OT), or speech therapy
- Recovering from joint replacement or other types of surgery
- Wound care
- Pain management
- IV medication therapy

### Does insurance cover my stay?

- The Swing Bed Program is a Medicare based service but PHS accepts most commercial insurances (with preauthorization), as well as Medicare A & B.
- Medicare will cover days 1-20 of Swing Bed stay at 100%, and day 21-100 at 80%.
- Number of days available for skilled care are based on patient progression and the need for services being provided.

### What if I don't think I am ready to return home at discharge from Swing Bed?

Our goal is to help the patient return to the least restrictive environment in the shortest amount of time needed. If at discharge there are still safety concerns our Social Service department can assist with referrals to community-based services or long term care.

### What happens after I go home?

We offer complete wrap around services at discharge to help facilitate a smooth transition back to the community. When patients return home, they can continue to progress with the PHS out-patient therapy services; OT, PT, and Speech. Our Social Services Department will assist with discharge planning such as identifying personal support systems, home health services or any medical equipment needed to assure a successful transition back into the home.

### What are the advantages to choosing Pershing over other skilled care options?

- Admissions are accepted 24/7
- Private rooms and individualized care
- 4:1 patient to nurse ratio
- In-house therapy and rehab services
- In-house testing
- Short term care - 100 days or less! Our goal is to see our patients return to their best level of functioning in the shortest amount of time.

Recover.

Regain.

Return.